

## Biography

### Nancy Houston Miller, RN, BSN

Nancy Houston Miller, RN, BSN, is the Associate Director of the Stanford Cardiac Rehabilitation Program and adjunct clinical assistant professor at the University of California San Francisco (UCSF) School of Nursing and the Johns Hopkins School of Nursing. She attended the University of Washington School of Nursing where she obtained her Bachelor of Science Degree in Nursing.

With over 25 years of experience, her primary responsibilities include directing major clinical research trials in prevention and cardiac rehabilitation as well as training nurses and other health care professionals in this field. Nancy is one of the developers of the MULTIFIT program, a case management system for managing patients with chronic cardiovascular diseases including hypertension, diabetes, heart failure and CAD.

She has also served as the Director of Community Outreach under the Stanford Prevention Research Center.

Nancy is a past Chairman of the Board of Directors of the California Affiliate of the American Heart Association, has served on the national board of directors and many local, state, and national committees of the American Heart Association.

From 1995-2005 she represented the American Nurses Association, serving on the Coordinating Committee of the National High Blood Pressure Education Program of the National Institutes of Health. She has also served on the Cardiovascular Measurement Advisory Panel for the National Committee on Quality Assurance. She is a founding member of the Preventive Cardiovascular Nurses Association and is Past-President.

Her honors include Fellowships in the American Association of Cardiovascular and Pulmonary Rehabilitation and the Council on Cardiovascular Nursing of the American Heart Association. In 2000 she received the Award of Meritorious Achievement from the American Heart Association for her work in secondary prevention, and the Award of Excellence from the American Association of Cardiovascular and Pulmonary Rehabilitation for her contributions to cardiac rehabilitation.

The author of over 100 publications including both articles and book chapters in the areas of risk factor management, case management, and recovery of post-M.I. patients, she has also co-authored a book entitled "Lifestyle Management for Patients with Coronary Heart Disease".

Nancy serves on the Editorial Boards of the Journal of Cardiovascular and Pulmonary Rehabilitation, Progress in Cardiovascular Nursing, the Journal of Clinical Hypertension and Congestive Heart Failure. She has many national and international presentations on prevention and cardiac rehabilitation to her credit.